CaRNaC UGANDA

Children At Risk National Collaboration of Christain Agencies in Uganda

CaRNaC UGANDA

BI-ANNUAL ACTIVITY AND OUTCOME REPORT

January - June

2025





Carnac Uganda Bi-Annual Activity And Outcome Report:

To: Board of Directors, CaRNaC Uganda
From: Jumah Patrick Wangira
Date: 30/06/2025
Period Covered: January -June 2025

EXECUTIVE SUMMARY

This report provides an overview of the activities, outputs, and outcomes achieved by CaRNaC Uganda during the past six months. Our initiatives have focused on improving health, education, environmental sustainability, mental well-being, skills development, and community engagement and empowerment. Despite facing several challenges, we have made significant strides in supporting our beneficiaries and enhancing their quality of life. CaRNaC Uganda's intervention is in four focal areas: health, education, livelihood support, and child protection and advocacy. We also engage in networking and collaboration.

Health Domain:

SRHR and Menstrual Hygiene Training

CaRNaC Uganda conducted training sessions for teachers from 36 schools in Masaba and Buyanga subcounties in Busia District on SRHR and menstrual hygiene. 72 senior men and women teachers were trained. These teachers are now equipped to educate approximately 6000 students on Sexual and Reproductive Health Rights (SRHR) and menstrual hygiene, fostering a healthier school environment. Additionally, 160 girls and boys were trained in menstrual hygiene and sexual reproductive rights. More than 7000 girls and boys have learned to make reusable pads in Namayingo and Busia Districts in Eastern Uganda. This has increased girls' retention in school and improved the well-being of the girl child.

Male teachers learning how to make pads.





Boys and girls working on pads





Psychosocial Support and Mental Health Training

CaRNaC Uganda conducted training focused on abuse, trauma healing, and counseling for young people in Namayingo District. 70 senior women and men teachers and 60 VHTs were trained to support young people with mental health issues in Greater Mutumba, Buhemba, Namayingo Town Council, Buyinja, and Buswale subcounties. The training targeted young people in schools and those outside of school. The earlier training was conducted for 70 parents in Bukaana and Banda subcounties. Total adult participants reached is 240. The total number of young people reached is over 6,000 youths. As a result of the above interventions, there is a reported decrease in cases of mental health fatalities and improved mental well-being for young people, as reported both in schools and in community health centers in Namayingo District, enabling them to cope with poverty and trauma and supporting healthier lifestyles.

Psychosocial Support and Mental Health Training









Livelihood support:

Agriculture and Conservation:

Provided training for 40 farmers in Masaba and Buyanga subcounties. 25 out of 40 have implemented planting maize, beans, and vegetables. Others have worked on compost heaps. In the first season, we have recorded increased crop production for food security and improved incomes. Farmers were supported with seeds and implements to become models in their communities.

Planting vegetable at a very standard on beds



How many your NPK compost heap using local materials



Explaining to farmers how soil erosion impacts land



Simulated rain and how soil erosion takes away land and degrades it

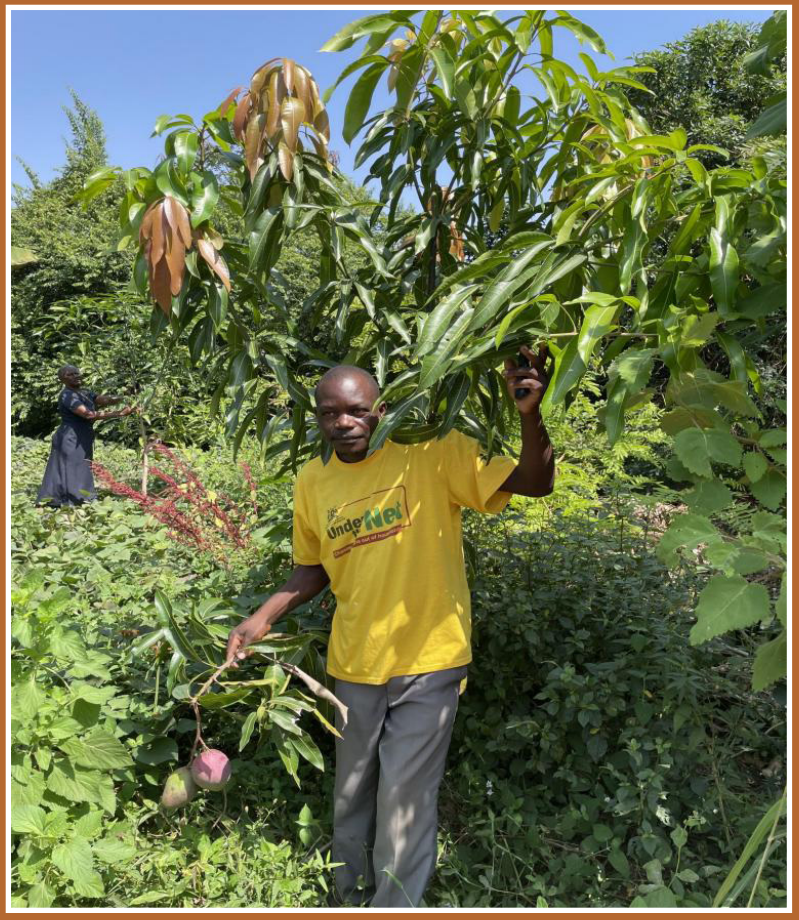


A well watered garden in Butangasi parish Masaba sub county.





Parents harvesting mangoes for fees



The hoe never disappoints



Women's and Finances Empowerment Program:

CaRNaC Uganda, with support from the Linsi Foundation, initiated a 100-week program providing short-term cash support for long-term development. 100 women were supported in Namayingo District. Empowered women are pursuing sustainable development initiatives and building their financial sustainability. In addition, more than 60 parents and community members have accessed loans for their business and microenterprise projects. Their business entities are growing and expanding, thus contributing to the economic empowerment of the community.

On the day of the launch for 100 weeks.



A picture with the district officials on the lanch of 100 weeks program.



Cathrine from 100 weeks and the LCV chairperson Namayingo launching the program at Namayingo LG.



100 Women group in Buswale subcounty.



A chicken structure at Basooka Kawzula Group in Kifuyo, Nmayingo district



Chicken inside the poultry structure by Bassoka Kwazula Group in Kifuyo, Namayingo.





Energy-Saving Stoves Training

We have managed to train women's groups and male leaders in the production of improved, energy-saving stoves. 120 members were trained, with more than 100 stoves made. Additionally, 50 new stoves have also been registered within the reporting period. The stoves have led to a reduction in fuel consumption, thus curbing deforestation. It has also reduced smoke emissions, and there are reported fewer respiratory infections, as evidenced by the decreased numbers of such cases in health centers where the project is located. For example, in Bukana, cases of respiratory infections reduced from 50 cases per quarter to 20. This has greatly contributed to improved environmental protection and conservation as well as the health of beneficiaries.

The Lorena stoves after construction



The ingredients needed .



How the mixing is done



Education and Sponsorship:

1. Vocational and Skills Development.

Supported the recruitment and enrollment of students at Pioneer Technical Institute Iganga. 30 students were enrolled. Previously, 80 students had been recruited and trained. 80% of the trained individuals have secured gainful employment, contributing to economic empowerment through job creation for young people.

Some of our notable employed youths are those who have done motorcycle mechanics and repair, electrical installation, plumbing, bricklaying and concrete practice, tailoring and fashion design, hairdressing, metal fabrication, and carpentry and joinery. It's amazing that most of them have gainful employment in the first two years. We have also observed that 30% become self-employed after two years.

Students at Pioneer technical institute



The recent team at Iganga Technical institute



Brick laying and concrete practice students



Plumbing strudents





2 Education and Sponsorship Program Recruitment

Recruited and paid fees for primary and secondary school students under the CaRNaC Uganda Education and Sponsorship Program. We are currently supporting 380 children and young people in our programs. We work with 40 primary schools and 20 secondary schools in Namayingo District. We now have additional schools in Busia and Bugiri Districts.





Child protection and advocacy:

Trained children and young people from 48 schools in their rights and responsibilities. Trained 80 teachers to establish school-based child rights clubs. Worked with the district to train the child well-being committees and child protection committees at the district level to support child protection initiatives.

Additionally, school management committees and parent-teacher association members were trained on how to write a child protection policy and on the formation of a child protection committee. Paralegals are trained to support parents and school fight against child abuse and exploitation. District dialogue meetings and sensitization on the bylaws passed have been done extensively.

Child ambassadors training for child rights clubs



Children child rights training



Child rights clubs training for children



Drinks for children during the child rights training



Members of the school management committee trained to support child protection in schools



Other areas of CaRNaC Uganda interventions:

Monitoring and Mentoring Visits

Conducted visits to schools, homes, and groups of CaRNaC beneficiaries.

These visits provided essential support and guidance, ensuring beneficiaries were on track with their development goals. The monitoring reports also helped to identify what was working and what was not, thus enabling changes that strengthened our interventions. We conducted monthly and quarterly field-monitoring visits. Success stories and promising practices have been recorded.







Monthly Radio Programs.

Launched radio programs addressing child abuse, protection, parenting, and child development. Over 50,000 listeners increased community awareness and engagement on critical child protection issues.

Networking and Collaboration:

CaRNaC has networked and collaborated with 6 community-based organizations in Namayingo, supporting them to strengthen their child protection policies and other organizational development programs. CaRNaC has also collaborated with 22 faith based and community based organizations to advocate for the rights of children in the mining and fishing industries and to ensure the protection of children working in such environments.



Challenges Encountered:

1. **Recruitment Difficulties:** The rainy season caused impassable roads, complicating the recruitment process for new students, especially in Bugiri and Busia.

2. **School Calendar Disruptions:** The closed school calendar year hindered some planned activities.

3. **Long Distances:** Beneficiaries often reside far from service points, complicating access to programs and support.

Conclusion:

Despite the challenges faced, CaRNaC Uganda has made significant progress in its mission to empower communities and improve the quality of life for its beneficiaries.
CaRNaC Uganda remains committed to its goals and looks forward to further collaboration and support from the Board of Directors and our partners.

Recommendations for Future Actions:

- Explore alternative recruitment strategies during adverse weather conditions.
- Strengthen partnerships with local governments to align activities with school calendars.
- Increase community outreach to address the challenges posed by distance.

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